



CAROLINA ELITE'S 2026

WINTER TRAINING CAMP

**DEC
29-31
2026**

**FINISH 2026 STRONG
START 2027 STRONGER.**

Join us for three unforgettable days of Trampoline & Tumbling with two high-quality training sessions each day, expert coaches from around the country, and an incredible New Year's Eve Midnight Party! Train hard, make progress, have fun, and ring in 2027 with the T&T community!

Carolina Elite / 336-307-3073
www.CarolinaTrampoline.com
5429 Prospect CT, Archdale NC 27263

REGISTER NOW

Details on Page 3

CAROLINA ELITE'S 2026 WINTER TRAINING CAMP

3... DAYS OF TRAINING 2... TRAININGS EVERY DAY 1... EPIC PARTY

Tuesday, December 29th

10:30 - 11:00 Athlete Check In
11:00 - 11:20 Warm Up & Stretch
11:20 - 1:20 Training Rotations
1:20 - 1:30 Line Up & Dismiss
Lunch on Own Time
6:00 - 6:20 Warm Up & Stretch
6:20 - 8:20 Training Rotations
8:20 - 8:30 Line Up & Dismiss

Wednesday, December 30th

10:30 - 11:00 Athlete Check In
11:00 - 11:20 Warm Up & Stretch
11:20 - 1:20 Training Rotations
1:20 - 1:30 Line Up & Dismiss
Lunch on Own Time
6:00 - 6:20 Warm Up & Stretch
6:20 - 8:20 Training Rotations
8:20 - 8:30 Line Up & Dismiss

Thursday, December 31st

10:30 - 11:00 Athlete Check In
11:00 - 11:20 Warm Up & Stretch
11:20 - 1:20 Training Rotations
1:20 - 1:30 Line Up & Dismiss
Lunch on Own Time
6:00 - 6:20 Warm Up & Stretch
6:20 - 8:20 Training Rotations
8:20 - 8:30 Line Up & Awards
9:00 PM - 12:30 AM New Year's Eve Party

New Year's Eve Party

After our final training session, it's time to celebrate! Campers will take over the gym for a night of "Just Dance" on the big screen, pizza, open gym, games, and plenty of fun with their new training friends.

The party runs from approximately 9:00 PM-12:30 AM, with food provided and a midnight countdown to ring in 2027 together!



BJ MENSAH



TREVOR HARDER



GRACIE HARDER



AARON REMOLE



NICK MINNEY

Training Groups

After registrations are complete, athletes will be split into training groups according to skill, age, training partners, etc.

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CAROLINA ELITE'S 2026

WINTER TRAINING CAMP

Levels 8+

REGISTRATION
OPENS
SEPTEMBER 1

Levels 5-7

REGISTRATION
OPENS
OCTOBER 1
As Space Remains

WHAT TO EXPECT: Winter Training Camp is designed for athletes ready to make the most of their holiday break! Across three days and six focused training sessions, athletes will work through structured rotations with our expert clinicians, experiencing different coaching styles, meaningful feedback, and plenty of opportunities for quality turns and growth.

TRAINING GROUPS: Athletes will be divided into training groups according to skill level, age, and training partners to create a productive, positive environment for every camper. Athletes who do not train all 3 events will be allowed to "float" at times with permission from their clinician.

APPAREL: Athletes should wear competition-appropriate training attire during all camp sessions. Please bring enough training apparel for two sessions each day, along with appropriate trampoline shoes or footwear.

MEALS & SNACKS: Athletes should bring a water bottle and snacks for each training session. The break between morning and evening sessions is on your own, giving athletes and families time to hang out, eat, rest, and recharge before returning to the gym. Food and refreshments will be provided during our **New Year's Eve Party** following the final training session.

PERSONAL COACHES WELCOME: Personal coaches are encouraged to attend alongside their athletes! Coaches are welcome to observe training, learn from our clinicians, engage in discussion, and collaborate with our coaching staff throughout camp.

PARENT VIEWING: Our facility has limited spectator seating. A Parent Viewing Schedule will be distributed prior to camp to provide families opportunities to watch while maintaining a focused training environment for our athletes.

REFUND POLICY: The \$50 registration deposit is non-refundable. Cancellations received before November 1 will receive a full refund of any tuition paid, less the \$50 deposit. Cancellations received November 1 through December 1 will receive a \$125 refund to the original payment method. Due to clinician travel, staffing, and other expenses committed in advance, no refunds or credits will be issued after December 1 or for no-shows.

CAMP TUITION

\$250
Per Athlete

\$50 Deposit
Holds Your Spot

Remaining \$200
Balance Due Nov. 1

If Carolina Elite must cancel camp for inclement weather, \$200 camp tuition will be refunded to the original payment method. The original \$50 registration deposit remains non-refundable.

HOW TO ENROLL: See the registration timelines above. Please use this QR code or log into your Carolina Elite iClassPro Parent Portal to enroll while space remains.

www.CarolinaTrampoline.com

