

# ELITE SUMMER SKILLS CAMP



July 31st - Aug 2nd, 2026

## PUSH YOUR LIMITS!

Push your skills to new limits at the **SECOND ANNUAL SUMMER SKILLS CAMP**, hosted by Trampoline Swag at Carolina Elite Trampoline & Tumbling. This camp is open to all athletes, USAG, USTA, AAU who can perform skills level 8 or higher.

- » 8 Olympic Trampolines
- » 2 FIG Double Mini Trampolines
- » AirBag for **BIG SKILLS**
- » International Length Skakun Rod Floor
- » 60' Power Top TumbTrak

## SCHEDULE:

**FRIDAY** July 31st: 4:00 - 8:00 PM

**SATURDAY** August 1st, 9:00 AM - 5:00 PM

**SUNDAY** August 2nd, 8:30 AM - 12:30 PM

## SAVE YOUR SPOT

**Early Bird Tuition: \$300**  
(Ends March 28 – limited spots)

**Standard Tuition: \$350**

**Deposit:** \$50 non-refundable deposit applied to tuition (due at sign up)

**Remaining balance due:**  
March 28 (Early Bird) / June 15 (Standard)

## Headline Coaches:



### Coach Jason Burnett

Olympic Silver Medalist (2008), 3x Olympian, 3x Pan American Champion, 8x Canadian Senior National Champion. Athlete, coach, & judge.



### Coach Gracie Harder

World Double Mini Team Champion (2025), World Games Silver Medalist (2025) World Championship Bronze Medalist ((2023).



### Coach Tomas Minc

World Double Mini Team Champion (2023) and World Championships Double Mini bronze Medalist (2022) in Double Mini Trampoline.



### Coach Trevor Harder

World Double Mini Team Champion (2025), Mixed Synchro World Cup Champion (2025). Pan American Champion (2022), DMT Sr National Champion (2021).



### Coach Richard Mousir

Team USA Coach, Former Power Tumbling athlete for the Canadian National Team. Owner of Gymnastics Central in Cincinnati, Ohio



### Coach Ky Shaw

World Cup Silver Medalist 1992. Retired member of the USA Sr National Team. Owner of JumpStart Plus in IL & TUM Representative on the USAG Elite Committee.



### Coach Aaron Remole

USA Elite National Champion on Double Mini Trampoline (2023), 4 Time National Medalist, Former Member of the USA National Team



### Coach Nick Minney

Founder & Head Coach at Carolina Elite, Coach to National and World Champions.

Email : [Office@CarolinaTrampoline.com](mailto:Office@CarolinaTrampoline.com)

Address: 5429 Prospect Ct, Archdale NC 27263

# ELITE SUMMER SKILLS CAMP II

Trampoline Swag

## »» Friday July 31st

### Travel In on Own Time -

4:00 - 4:30 PM	Athlete Check In & Goals Sheet
4:30 - 5:00 PM	Group Picture + Warm Up & Stretch
5:00 - 5:40 PM	Rotation 1
5:40 - 6:20 PM	Rotation 2
6:20 - 6:35 PM	Snack
6:35 - 7:10 PM	Rotation 3
7:10 - 7:45 PM	Rotation 4
7:45 - 8:00 PM	Cool Down & Line Up

## »» Saturday August 1st

9:00 - 9:30 AM	Athlete Check In
9:30 - 10:00 AM	Warm Up & Stretch
10:00 - 10:40 AM	Rotation 5
10:40 - 11:20 AM	Rotation 6
11:20 - 12:00 PM	Rotation 7
12:00 - 1:00 PM	Lunch Break - Meal Provided
1:00 - 1:45 PM	Seminar (Athletes, Coaches, Parents Welcome)
2:00 - 2:30 PM	Warm Up Activity & Stretch
2:30 - 3:10 PM	Rotation 8
3:10 - 3:50 PM	Rotation 9
3:50 - 4:30 PM	Rotation 10
4:30 - 5:00 PM	Cool Down & Line Up

## »» Sunday August 2nd

8:30 - 9:00 AM	Athlete Check In
9:00 - 9:30 AM	Warm Up & Stretch
9:30 - 10:10 AM	Rotation 11
10:10 - 10:50 AM	Rotation 12
10:50 - 11:00 AM	Snack
11:00 - 11:40 PM	Rotation 13
11:40 - 12:20 PM	Rotation 14
12:20 - 12:30 PM	Swag Awards

### Travel Home on Own Time



## What to Expect at Camp:

Over the course of three action-packed days, athletes will participate in multiple rotations designed to provide focused attention from each expert coach.

»» **HOST HOTEL:** All athletes and coaches (except visiting clinicians) are responsible for arranging their own travel and accommodations. The Host Hotel for the event is the High Point Hampton Inn, located on South Main Street.

»» **APPAREL:** All athletes are required to wear competition training attire during camp sessions to maintain a focused environment.

»» **Personal Coaches Welcome Too!**  
We encourage personal coaches to join their athletes at camp! Coaches can observe, learn, engage, and even collaborate with our expert staff.

»» **Refund Policy**  
\$50 deposit is non-refundable. Standard tuition due June 15, 2026. Cancellations before June 15 receive 100% tuition credit, minus deposit; June 16 - July 15 receive 50% tuition credit, minus deposit, with a doctor's note. No refunds or credits after July 15 or for no-shows. All refunds issued as non-transferable gym credit with no cash value.

**SAVE YOUR SPOT**

Registration Opens: January 2026

Space will fill up. Get your team in early!

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