

DEVELOPMENT SUMMER SKILLS CAMP



WORLD CHAMPION
RUBEN PADILLA



WORLD CHAMPION
GRACIE HARDER



WORLD CHAMPION
TREVOR HARDER



WORLD COACH
NICK MINNEY



WORLD COACH
FRANK RILEY



NATIONAL CHAMPION
AARON REMOLE

Welcome Letter

Dear Athletes, Families, and Friends,

Welcome to our very first Development Summer Skills Camp!

Thank you for choosing to spend your weekend with us. We are so excited to open this camp to our younger athletes and help inspire the next generation of Trampoline & Tumbling.

This weekend is about much more than learning new skills. It's about building confidence, making new friends, encouraging one another, and discovering just how much you're capable of. Every great athlete began exactly where you are today.

As you train this weekend, remember that great athletes aren't defined only by the skills they perform, but by the attitude they bring. Work hard, be kind, encourage your teammates, and don't be afraid to make mistakes—they're one of the best ways we learn.

To our families, thank you for trusting us with your athletes. We hope this camp is a fun, memorable experience that helps each child leave a little more confident and even more excited about our amazing sport.

Live Brave. Have Faith. Dream BIG.

Have an amazing camp!

With gratitude,

Nicholas Minney

Nicholas Minney, Head Coach

Summer Skills DEVELOPMENT CAMP TRAINING GROUPS

We are excited to welcome an incredible group of athletes from across the country to train with our outstanding coaching staff—and to learn from one another.

To provide every athlete with the best possible camp experience, we have carefully organized training groups using several factors, including: current skill level, age, goals submitted on your camp registration form, overall group balance.

While friends may not always be placed together, these groups are intentionally designed to maximize learning, challenge athletes appropriately, and create new friendships throughout the weekend.

Group 1:

Ashlee Brown
Tyler McLean
Rylie Henderson
Evelina Pasucci
Theo Miller
Steele Richardson
Paige Taylor
Layla Shultz

Group 2:

Macy McLean
Addie Saunders
Temerance Yee
Josie Timmermans
Natalie Harrell
Adalyn Thompson
Abiline Chapman
Cadence Goheen

Group 3:

Quinn Avery
Parker Nelson
Gavin Wise
Alex McLean
Isaiah Ramirez
Conner Strandh
Gabe Herczeg
Stone Richardson

Group 4:

Emmy Smith
Aubrielle Johnson
Tatiana Stephens
Cora McCreary
Ava Alley
Evangaline Henry
Oaklyn Kimball

Group 5:

Emily Rishoff
Teigan Lang
Kacyn Cooney
John Gerber
Hazel Raukar
Olivia Miller
Arley Roberson

Group 6:

Jillian Strikland
Kaitlyn Schmitz
Karrington Mason
Julianne Clarke
Charlotte Strupp
Effie Kutz
Jackson Kostrzewski
Matthew Clarke
Aarya Singh

Parent Viewing Schedule:

We love having families watch their athletes train. However, because our gym has seating for only about 30 spectators, we have created a rotating viewing schedule to ensure every family has an opportunity to observe camp.

Friday Evening: Parents of Groups 1 & 2
Saturday Morning: Parents of Groups 3 & 4
All Parents welcome to attend seminar after lunch
Saturday Afternoon: Parents of Groups 5 & 6
Sunday Morning: First Come, First Serve
All Parents welcome to attend
SWAG awards at 12:00 PM

Our mission is to enable, encourage, and inspire our athletes through the amazing sport of Trampoline and Tumbling. If you have any questions about this camp, please contact us directly — we are happy to help and look forward to an incredible weekend of training, growth, and fun together.

www.TrampolineSwag.com // www.CarolinaElite.com // O: 336-307-3073 // 5429 Prospect Ct, Archdale NC 27263

Trampoline Swag

Summer Skills DEVELOPMENT CAMP 2026 TRAINING SCHEDULE

Level & Age
Based
Training
Groups

Lunch
Provided
7/18

In Person
Seminar
From
Clinicians

Friday, July 17th

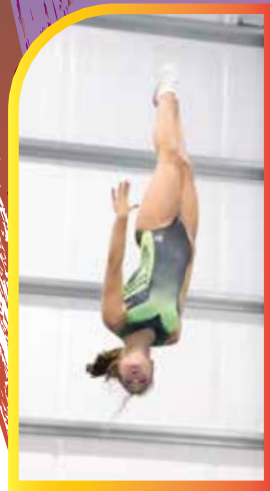
Morning / Afternoon Private Lessons Available
4:00 - 5:00 Athlete Check In & Goal Sheet
5:00 - 5:30 Group Picture & Warm Up
5:30 - 6:10 Rotation 1
6:10 - 6:50 Rotation 2
6:50 - 7:30 Rotation 3
7:30 - 7:45 Cool Down & Line Up

Saturday, July 18th

9:00 - 9:30 Athlete Check In
9:30 - 10:00 Warm Up & Stretch
10:00 - 10:40 Rotation 4
10:40 - 11:20 Rotation 5
11:20 - 12:00 Rotation 6
12:00 - 1:00 **Lunch Provided Onsite (BBQ Joe's)**
1:00 - 1:45 **Seminar** (Parents invited to attend as well)
2:00 - 2:30 Warm Up & Stretch
2:30 - 3:10 Rotation 7
3:10 - 3:50 Rotation 8
3:50 - 4:30 Rotation 9
4:45 - 5:00 Cool Down & Line Up

Sunday, July 19th

9:00 - 9:30 Warm Up & Stretch
9:30 - 10:10 Rotation 10
10:10 - 10:50 Rotation 11
10:50 - 11:30 Rotation 12
11:30 - 12:00 Free Rotation, Final Turns
12:00 - 12:30 SWAG AWARDS & Goodbyes



www.TrampolineSwag.com

Summer Skills DEVELOPMENT CAMP EXTRA DETAILS

What If My Athlete Doesn't Train All Three Events?

We encourage every athlete to remain with their assigned group and participate in all three disciplines—Trampoline, Double Mini, and Tumbling—even if one is not their primary event.

Our coaching staff includes some of the best clinicians in each discipline, each bringing unique experience, coaching styles, and technical knowledge. Many athletes leave camp with new ideas that improve their primary event, and some even discover a new passion along the way.

If an athlete is unable to participate in a particular event due to injury, or if they choose not to because of other goals/priorities, they may be permitted to temporarily join another training group during that rotation. These decisions will be made on a case-by-case basis and require approval from the Camp Director (Coach Nick), along with input from the athlete's personal coach if they are attending camp.

Our goal is simple: to provide every athlete with the best educational experience possible while respecting individual needs and circumstances!

Athlete Apparel & Dress Code

All athletes should arrive in competition-style training apparel. Girls are expected to wear leotards and may also wear shorts over them. Boys should wear singlets or compression shirts with athletic bottoms. For trampoline events, all athletes must wear white foot coverings—either socks or trampoline shoes. Please ensure hair is secured tightly to the head, and no jewelry should be worn during training for safety reasons.

Visiting personal coaches are also expected to wear appropriate gym attire while on the floor. We want everyone—athletes and coaches alike—to look professional and ready to work!

Saturday Lunch: BBQ Joe's!

We're excited to treat our athletes and coaches to some delicious North Carolina barbecue during camp! Lunch will include pulled pork and pulled chicken sandwiches, along with a variety of classic sides.

If your athlete has food allergies, dietary restrictions, or simply prefers an alternative meal, they are welcome to bring their own packed lunch.

Summer Skills DEVELOPMENT CAMP EXTRA DETAILS 2

Private Lessons

We believe the camp experience is complete on its own, and every athlete will receive outstanding instruction throughout the weekend in their assigned training groups.

However, if you'll be in town before or after camp and would like additional one-on-one instruction, private lessons may be available with members of our coaching staff.

Private lessons can typically be scheduled:

Before camp: Weekdays leading up to camp or Friday afternoon before camp begins.

After camp: Sunday evening or Monday before traveling home.

Availability is limited and varies by coach. To inquire about scheduling a private lesson, simply email Office@CarolinaTrampoline.com, and we'll be happy to help coordinate a time if one is available. To speed things up, let us know if you have any preferred coaches from our crew!

Snacks & Hydration

Pack a snack! Pack a drink! Athletes will be training hard, so it's important to stay fueled and hydrated throughout the weekend. We have a water fountain and a bottle refill station available, and there will also be sports drinks and snacks for sale in the lobby. Please plan ahead and bring whatever you need to keep your energy up—your body will thank you!

Stock Up on Trampoline Swag

While you're here, don't forget to stop by the Trampoline Swag store!

We'll have a variety of apparel, accessories, training gear, gifts, pins, keychains, and other fun Trampoline & Tumbling merchandise available throughout the weekend. Whether you're looking for a souvenir from camp or a gift for your favorite gymnast, there's something for everyone.

Be sure to stop by and stock up before you head home!

Contact the Office: 336 - 307 - 3073
Office@CarolinaTrampoline.com
5429 Prospect Ct, Archdale NC 27263